

## ALL COMERS TRACK MEETS

SAT: DECEMBER 10, 2022

SAT: JANUARY 14, 2023

SAT: FEBRUARY 11, 2023

## ON THE PATRICK CADY MEMORIAL TRACK AT SANTA MONICA HIGH

COST: \$15.00 UNLIMITED ENTRY AND \$5.00 FOR SPECTATORS.

PREREGISTER ON ATHLETIC.NET **NO WALKUPS ALLOWED**FEATURING FULLY AUTOMATIC TIMES & LIVE RESULTS

## MEET BEGINS AT 9:00 AM

SCHEDULE OF EVENTS: <u>TIMES ARE TENTATIVE</u>; DETERMINED BY THE NUMBER OF INDIVIDUALS IN EACH EVENT

RUNNING EVENTS:

9:00 4X100 RELAY

9:15 1600 METERS

9:35 60M HURDLES

10:00 400 METERS

10:20 100 METERS

10:20 100 METERS

10:50 800 METERS

11:15 300M HURDLES

11:35 200 METERS

11:55 3200 METERS

12:30 4X400 RELAY

FIELD EVENTS:

9:30 LONG JUMP (3 JUMPS)

HIGH JUMP (3-06 START, RAISE BY 2")

SHOT PUT (4 THROW MEN FOLLOWED BY WOMEN)

10:30 (OR FOLLOWING SHOT PUT/ LONG JUMP)

TRIPLE JUMP (3 JUMPS)

INFORMATION: CONTACT TANIA FISCHER TFISCHER@SMMUSD.ORG

DIRECTIONS: SANTA MONICA HIGH SCHOOL TRACK IS LOCATED AT THE CORNER OF PICO BLVD AND  $4^{\text{TH}}$  STREET IN THE CITY OF SANTA MONICA. FROM THE 10 FREEWAY USE THE  $4^{\text{TH}}$  STREET EXIT, PARK IN THE CIVIC CENTER PARKING STRUCTURE AND ENTER TRACK VIA  $4^{\text{th}}$  ST GATE.

