



Santa Monica

Cross Country-Track & Field

601 Pico Blvd Santa Monica, California 90405

ALL COMERS TRACK MEETS

ON SANTA MONICA HIGH SCHOOL'S ALL WEATHER TRACK

3/16 NEEDLE SPIKES OR LESS

DATES: SATURDAY: DECEMBER 16, 2017

SATURDAY: JANUARY 13, 2018

SATURDAY: FEBRUARY 10, 2018

COST: \$7.00 UNLIMITED ENTRY FOR ATHLETES AND \$5 SPECTATORS

MEET BEGINS AT 9:00 AM

SCHEDULE OF EVENTS: TIMES ARE TENTATIVE; DETERMINDE BY THE NUMBER OF INDIVIDUALS
IN EACH EVENT

RUNNING EVENTS:

9:00 4X100 RELAY
9:15 1600 METERS
9:35 60M HURDLES
10:00 400 METERS
10:20 100 METERS
10:50 800 METERS
11:15 300M HURDLES
11:35 200 METERS
11:55 3200 METERS
12:30 4X400 RELAY

FIELD EVENTS:

9:00 LONG JUMP (3 JUMPS)
HIGH JUMP (3-06 START, RAISE BY 2")
SHOT PUT (4 THROW MEN FOLLOWED BY WOMEN)
POLE VAULT (6-00 START, RAISE BY 6")
10:30 (OR FOLLOWING SHOT PUT/ LONG JUMP)
TRIPLE JUMP (3 JUMPS)

INFORMATION: CONTACT TANIA FISCHER TFISCHER@SMMUSD.ORG

DIRECTIONS: SANTA MONICA HIGH SCHOOL IS LOCATED AT THE CORNER OF PICO BLVD AND 4TH STREET IN THE SCITY OF SANTA MONICA. FROM THE 10 FREEWAY USE THE 4TH STREET EXIT, TURN LEFT ON OLYMPIC, STAY TO THE RIGHT AND ENTER THE CAMPUS BY THE TENNIS COURTS. PARKING AVAILABLE IN THE CIVIC CENTER LOT ON 4TH ST. ACROSS FROM TRACK